

Food / Shopping Assistance

Meals on Wheels	604.299.5754
Food Bank	604.876.3601
Quest Food Market	604.553.0636
Shopping Buddies/ Groceries by Phone	604.294.7498
Dietician	811; TTY: 711

Counselling & Support

Peer Support & Unpaid Caregivers	604.431.0400
Burnaby Counselling	604.430.1303
LGBTQ+ Support	604.684.5307
Multicultural Support	604.436.1025
Memorial Society	1.888.816.5902
Hospice Society	604.520.5087
Bereavement Line	604.738.9950

Social & Recreation

Seniors Centres:	
Bonsor	604.297.4580
Cameron	604.297.4453
Confederation	604.294.1936
Edmonds	604.297.4402
Parks & Rec Info	604.294.7450
Recreation Credits	604.299.5778
Outreach & Social Programs:	
Bby Services	604.375.5778
Neighbourhood House	604.431.0400
Citizen Support Services	604.294.7980
Bus trips, lunches, shopping, daily calls, friendly visitors, housekeeping	
Public Library	604.436.5400
Library Home Services	604.436.5423
College for the Retired	604.517.8732

Emergency/24hr

Police, Fire, Ambulance	911
Poison Control	604.682.5050
Crisis/Suicide Line	604.872.3311
Crisis - BC Wide	1.800.784.2433
Seniors Distress Line	604.872.1234

Non-Emergency

RCMP	604.646.9999
VictimLink BC	1.800.563.0808
Crime Stoppers	1.800.222.8477
BC 211 General Info	211
Health Line/Seniors Info	811; TTY: 711

For local information contact:

Burnaby Community Services
604.299.5778
www.BbyServices.ca



seniors

2023

Community Resource Card



Financial Assistance

Service Canada 1.800.277.9914

Pensions Info TTY:1.800.255.4786

OAS, GIS, CPP, Disability,
Spouse/Survivor Allowance

Seniors BC 604.660.2421

Veterans Allowance 1.866.522.2122

Legal / Advocacy www.clicklaw.bc.ca

Elder Law Clinic 604.336.5653

Free Lawyers Clinics 604.878.7400

Notaries Public 604.681.4516

Personal Planning 604.408.7414

Public Trustee 604.660.4507

Ombudsperson 1.800.567.3247

Seniors Advocate 1.877.952.3181

Health & Wellness

Public Health Info 604.918.7605

Home Health Care 1.855.412.2121

Care Complaints 604.918.7683

MSP/Pharmacare 604.683.7151

Elder Abuse Info 604.437.1940

Mental Health 604.453.1900

Dementia Helpline 604.681.8651

Substance Use/Addiction 604.453.1960

Gambling Helpline 1.888.795.6111

UBC Dental Clinic 604.822.2112

VCC Hygiene Clinic 604.443.8499

CNIB Vision Loss 604.431.2121

Hearing Clinic 604.736.7391

Housing

Housing Info 604.520.6621

BC Housing 604.433.2218

HAFI/Home Adaptations
SAFER/Shelter Aid for Renters

Landlord & Tenant 604.660.1020

Relations

Tax Deferral/
Homeowner Grants 1.888.355.2700**Transportation**

Translink Info 604.953.3333

Bus Pass Program 1.866.866.0800

HandyDART/Card 604.953.3680

TaxiSavers

Medical Transportation 604.292.3901

SPARC Parking Permits 604.718.7744

Home & Yard Maintenance

Housekeeping 604.297.4877

Seniors Repair Services 604.529.1100

Mobile Work Crew 604.723.3439

Helping Neighbours 604.764.6601

Medical Equipment

Red Cross Loans 604.522.7092

Lifeline 604.953.4960

Regency Medical 604.434.1383

BC MedEquip 604.888.8811

Adaptive Clothing 604.984.8211

Newcomers Settlement Services

Neighbourhood House 604.431.0400

ISS 604.395.8000

MOSAIC 604.438.8214