



The Toy Room is OPEN!

The Toy Room is located in **The Amazing Brentwood Mall**
(Main Level, Old Sears Store, Entrance off Beta Avenue from Lougheed)

TOY ROOM REGISTRATION HOURS:

NOVEMBER/DECEMBER

MON - FRI 10:00AM - 4:00PM | SAT 10:00AM - 3:00PM

A message from Antonia Beck CEO, Burnaby Neighbourhood House

"We are pleased to announce that Burnaby Community Services, Burnaby Meals on Wheels and Burnaby Seniors Outreach Services have become integrated partners with the Burnaby Neighbourhood House. This move forward ensures the sustainability of a continuum of programs to support the many social and health needs of Burnaby's most vulnerable residents. We are committed to administering and sustaining the existing programs of each society. To do so, we are depending on the financial support of our many donors and sponsors. With the rising cost of food and housing, many families, seniors and individuals are struggling, and the demand for our services continues to grow. We look forward to your ongoing involvement and support through the holiday season and the upcoming new year."

HOW TO HELP

- **Bring a new, unwrapped toy or gift to the Toy Room.**
Your donations will be provided to children of low income families.
- **Be a sponsor by providing gifts, necessities, and food to low income seniors.**

DONATE



1. Go online:
www.BbyServices.ca/Donate
2. Write a cheque to
"Burnaby Community Services"
and mail it to:
2055 Rosser Avenue
Burnaby, BC, V5C 0H1
3. Call us at (604) 292-3902

For more information about our Christmas Bureau, visit: www.bbyservices.ca/Christmas

2022 UPDATES

BURNABY COMMUNITY SERVICES

We continue to develop new approaches to break the cycles of poverty and isolation. Our community wellness programs address food insecurity and health issues by providing food, services and critical programs. Our poverty law advocate provides legal information and assistance to residents of Burnaby living with low incomes, mental or physical disabilities, or experiencing difficulties accessing legal services. We assist individuals to access income entitlements and we connect them with community resources such as legal aid, human rights and elder law. For more information about our legal advocacy services, contact Advocacy@bbservices.ca or (778) 714-5252.

To learn more about our other programs, call us (604) 299-5778.

BURNABY SENIORS OUTREACH SERVICES

This year, we launched two new programs to meet our community's growing needs: a weekly Seniors Memory Club and Caregiver Appreciation Events. Burnaby residents living with memory loss now have an opportunity to socialize and participate, along with their loved ones, in a variety of dementia-friendly and interactive games. We also expanded our caregiver services by offering both in-person and online support groups, monthly information sessions, and quarterly appreciation lunches. These events provide family and friend caregivers an opportunity to connect, listen to guest speakers, and engage in much needed self-care activities.

For more details, contact Faryar about the Seniors Memory Club: faryar@bbseniors.ca or (604) 375-5778, and Kathy about Caregiver Support: kathyb@burnabynh.ca or (236) 885-7303.

BURNABY MEALS ON WHEELS

This year, we delivered more than 14,000 meals to those in need in our community. We would like to extend our thanks and gratitude to our more than 50 volunteers whose dedication and support make this service possible. Thank you as well to our partners posAbilities, L'Arche and BACI who create the volunteer opportunities for adults of all abilities to contribute and give back to our community. It truly takes a village. Without the amazing contributions of our local partners and volunteers, this valuable program would not be possible! For more details about our meal delivery program, please contact Kim@burnabymeals.ca or (604) 299-5754.



The Coldest Night of the Year (CNOY)

Mark Your Calendars!



This year's annual event is being held in-person on **February 25, 2023**. This family-friendly walk raises money for those who are hungry, homeless and hurting in our community.

See website for more details:
www.cnoy.org/location/burnaby

Come walk with us. Become a sponsor.
Be a volunteer. Create a team and fundraise.

Printing of this newsletter has been generously donated by Hemlock Printers.



Burnaby Community Services

an integrated partner of Burnaby Neighbourhood House

www.bbservices.ca | **604.299.5778**

