

Substance Use Support

24/7 Alcohol & Drug 604.660.9382
Burnaby Substance Use 604.777.6870
NW Substance Use 604.552.3722 x 101
Creekside Withdrawal 604.587.3755
Harm Reduction/Take Home Naloxone
towardtheheart.com/site-finder

Health Clinics

Edmonds Urgent & Primary Care Centre
201-7315 Edmonds St, Bby 604.519.3787
HIM - Men's/Queer Clinics 604.488.1001
Youth Clinics
4734 Imperial St, Bby 604.293.1764
38 Begbie St, NW 604.329.1875
Options for Sexual Health 604.731.4252
VAHS Dental Clinic 604.254.9900

First Nations Health 604.693.6500

Mental Health

Burnaby 604.453.1900
New Westminster 604.777.6800

Financial

Income Assistance Offices 1.866.866.0800
2-4603 Kingsway, Bby
202-1015 Columbia St, NW
Service Canada 1.800.622.6232
Service BC (All Benefits) 604.660.2421
Rent Bank: Bby & New West 604.526.2522
www.bcrentbank.ca/apply

Legal & Advocacy

Legal Aid BC Poverty 604.408.2172
LSLAP (UBC) 604.822.5791
Elder Law Clinic 604.437.1940
Efry Poverty Law Clinic 604.520.1166
Disability Law Clinic 236.427.1108
Kettle Society 604.253.0669
MOSAIC Legal Advocate 236.479.7153

Emergency/24hr

Police, Fire, Ambulance 911
Fraser Health Crisis Line 604.951.8855
Suicide/Crisis Lines 1.800.784.2433
604.872.3311
Seniors Distress Line 604.872.1234
Rape Crisis Line 604.872.8212

Non-Emergency

RCMP 604.646.9999
New Westminster Police 604.525.5411
VictimLink BC 1.800.563.0808
Forensic Nursing/ VGH: 604.875.2881
Sexual Assault SMH: 604.953.4723
Health Line 811
(Nurse, Pharmacist, Dietitian)
BC Drug&Poison Info Ctre 604.682.5050



Community Outreach Resources

Burnaby & New Westminster

For local information

contact:

Burnaby Neighbourhood House
604.431.0400
www.burnabynh.ca

Shelters

24/7 Shelter Helpline	211
Progressive Housing Emergency Shelter	
2294 Douglas Rd. Bby	604.522.9669
Fraserside Family Shelter	604.525.3929
Lookout Shelters	604.255.0340
Covenant House (Youth)	604.685.7474
Seniors Housing Info	604.520.6621
Rental Housing	vancouver.craigslist.org
BC Housing	604.433.2218
Extreme Weather	604.255.0340

Outreach Services

The Society to End Homelessness in Burnaby	604.902.3071
Jubilee Ave. near Imperial St, Wed, 9-11 am	
7135 Walker Ave, Bby, Thur, 9-11:30 am	
Mobile Showers, 7135 Walker Ave, Bby Wed, 4-5 pm; Thur 9:30-11:30 am	

Women's Transition Houses

Dixon Transition Society	604.298.3454
Elizabeth Fry Transition	604.520.1166
Monarch Place	604.521.1888

Progressive Housing Society

7836-6th St, Burnaby 604.522.9669x318

Purpose Society	604.526.2522
Mobile Health Van	604.351.1885

Emergency Food Cupboards

Ryan's Rainbow	604.761.4357
1600 Cliff Ave, Bby, Thurs, 11 am-3 pm	
St. Barnabas Church	604.526.6646
1010-5th Ave, NW, Wed, 1-2:30 pm	
Salvation Army (Harvest)	604.437.1521
Salvation Army (New West)	604.521.2421

Food Banks & Hubs

Greater Van Food Bank	604.876.3601
8345 Winston St, Burnaby	
Fri, 12-7 pm; Sat, 10 am-3 pm	
The Neighbourhood Church/ The Society to End Homelessness	
7135 Walker Ave, Burnaby	
Tue, 1-6 pm; Wed, 9 am-2 pm	
Don't Go Hungry Food Hubs	
1320-7th Ave, NW, Sat, 12:30-1:30 pm	
920 Ewen Ave, NW, Sat, 12:45-1:15pm	
322 Hospital St. E, NW, Sat, 1-1:30pm	
7457 Edmonds St. Bby, Sat 12:30-2pm	
Burnaby Neighbourhood N:	604.294.5444
House Hubs	S:604.307.2945
Muslim Food Bank	1.866.248.3868
Salvation Army New West	604.521.2421

Free Community Meals

Holy Trinity Cathedral	
514 Carnarvon St, NW, Sat, 11am-12pm	
The Neighbourhood Church/ Outreach Resources Centre	
7135 Walker Avenue, Bby, Wed, 5-7pm	
Union Gospel Mission	
658 Clarkson St, NW, M-F, 8 & 11 am	
Gurdwara	
347 Wood St, NW, anytime until 8 pm	
St. Barnabas Church, Grab & Go	
1010-5th Ave, NW, Wed 1-2:30pm	
Quest Food Market	604.553.0636
(Low-Cost Grocery Shopping)	
questoutreach.org, 7753 6th St, Bby	