

## Free Community Meals

Salvation Army Meals

Mon 5:30pm, Southside, 7135 Walker;

Sat Brunch 10am, 325 - 6th St (NW)

Jubilee United Church Hall

Tues 12pm, 7551 Gray Ave

Holy Trinity Cathedral (NW)

Thurs 8 - 9am, 514 Carnarvon

Southside - Outreach Resource Centre

Thurs 9 - 11:30am, 7135 Walker

St. Barnabas Church (NW)

Thurs 11am, 1010 - 5th Ave

Union Gospel Mission (NW)

Mon - Fri 8:30 - 12pm, 658 Clarkson

**Quest Food Market** 604-553-0636

**Police** Bby: 604-646-9999

(Non-Emerg) NW: 604-525-5411

**VictimLinkBC** 1-800-563-0808

## Food Banks

Info: 604-876-3601

Jubilee United Church Hall

Mon 9:30 - 11:30am, 7551 Gray Ave

Southside Community Church

Tues 9 - 11:30am, 7135 Walker

St. Timothy's Church

Thurs 11 - 12:30pm, 4550 Kitchener

Olivet Baptist (NW)

Thurs 10:30 - 12:30pm, 613 Queens

## Emergency Food Cupboards

St. Barnabas Church (NW)

Fri 10am - 12pm, 1010 - 5th Ave

Salvation Army (Metro) 604-437-1521

Salvation Army (NW) 604-521-2421

## Addiction & Detox Support

24/7 Alcohol & Drug 604-660-9382

Burnaby Substance 604-777-6870

Creekside (Surrey) 604-587-3755

Perspectives Addictions 604-522-3722x101

**Bby Warming Centres** 604-294-7944

**Progressive Housing Society**

7836 - 6th St, Burnaby 604-522-9669 x318

**Outreach Mobile Units & Centre**

Jubilee United Church Hall

Tues 11:30 - 12:30pm, 7551 Gray Ave

Lougheed Skytrain Station

Tues 11 - 2pm, @ HandyDart Bus Stop

Southside - Outreach Resource Centre

Thurs 9 - 11:30am, 7135 Walker

**Drop-In Medical**

Burnaby Youth Clinic 604-293-1764

Mon/Tues/Thurs 1-5pm, 4750 Imperial

New West Youth Clinic 604-526-2522

Tues 2-6pm, Thurs 3-7pm, 38 Begbie

HIM - Men's Clinic 604-488-1001or

Mon 4-9pm, 38 Begbie 604-230-9915

**Burnaby Community Services**

**604-299-5778**

**January 2019**

**Community Outreach  
Resources**

**Shelter**

24/7 Shelter Helpline 211

Fraserside Family Shelter 604-525-3929

Men's Shelter 604-529-9126x101

Seniors Housing Info 604-520-6621

Rental Housing [vancouver.craigslist.ca](http://vancouver.craigslist.ca)

**Financial Assistance & Benefits**

Income Assistance Offices 1-866-866-0800

#2 - 4603 Kingsway, Burnaby

#202 - 1015 Columbia St, NW

Service Canada 1-800-622-6232

Child Tax, EI, Seniors & Veterans Benefits

Service BC 604-660-2421

All BC Benefits & Services

Bus Pass Info Line 1-866-866-0800

**Emergency: Police, Fire, Ambulance** 911

**Suicide/Crisis Line** 604-872-3311